# WEEKLY BULLETIN

# **Sterling Public Schools**



April 14-21, 2018

\*schedule of events on back

Saturday SKILLSUSA STATE CONVENTION @ GRAND ISLAND - Bus returning @ 2PM

April 14 **ACT Test Date** 

Monday Breakfast: WG Pancakes, Sausage OR WG Cereal/Sausage, Fruit/Juice, Milk April 16 Lunch: Nachos w/ Cheese Sauce or Bean Dip, Corn, Celery w/ PB, Peaches

RSH - 2<sup>nd</sup> period

H.E.A.R. Presentation in the gym for Grades 7-12: Periods 2-4

TRACK Practice: 4-6PM

Tuesday Breakfast: Yogurt Parfait OR WG Cereal/WG Muffin, Fruit/Juice, Milk April 17 Lunch: Breaded Pork Sandwich, Green Beans, Coleslaw, Applesauce Irish HS Track Invite @ Syracuse - 9:30AM - Bus leaves @ 7:51AM

\*schedule of events on back

Wednesday Breakfast: Scrambled Eggs, WG Toast OR WG Cereal/WG Toast, Fruit/Juice, Milk April 18

Lunch: Chicken Drumstick, Mashed Potatoes w/ Gravy, Peas, Pineapple Tidbits

RSH - 1<sup>st</sup> period

Freeman JH Track @ Adams - 10AM - Bus leaves @ 9:15AM

\*schedule of events on back TRACK Practice: 4-6PM

Thursday Breakfast: Breakfast Burrito OR WG Cereal/WG Muffin, Fruit/Juice, Milk

April 19 Lunch: Burrito, Broccoli w/ Cheese, Chips w/ Salsa, Pears

RSH - 8th period

District Music Contest @ JCC - Buses leave @ 8AM

TRACK Practice: 4-6PM FFA Banquet @ 5:30PM

Friday Breakfast: WG Cereal, WG Toast, Fruit/Juice, Milk

April 20 Lunch: Hamburger, FF and/or Swt FF, Tomatoes, Mandarin Oranges

Mike Smith Presentation for Grades 7-12 @ Freeman 10-11:30AM

- Buses leave @ 9:40AM TRACK Practice: 4-6PM

Saturday MUDECAS HS Track Meet @ Tri County - 9AM - Bus leaves @ 7:01AM

April 21 \*schedule of events on back

\* USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

### MORE INFO ON BACK

Stay up to date with all things JET related by going to the school website: www.sterlingjets.org, our Facebook page, and for sports updates, follow us on Twitter: @spsjetpride!!!

# MUDECAS HS TRACK SCHEDULE

### April 21, 2018 9:00 FIELD EVENTS

1st Session 2nd Session Shot Put Boys (South Pad) Girls (South Pit) Discus Girls (TBD) Boys (TBD) Long Jump Boys (North) Girls (West) Triple Jump Girls (West) Boys (North) Girls (West) High Jump Boys (West) Pole Vault Girls (East) Boys (East)

### 12:00 RUNNING EVENTS

Finals Girls 3200 M Relay Boys 3200 M Relay Finals Girls 100 M Hurdles Prelims Boys 110 M Hurdles Prelims Girls 100 M Dash Prelims Prelims Boys 100 M Dash Girls 400 M Dash Finals Bovs 400 M Dash Finals Girls 3200 M Run Finals Boys 3200 M Run Finals Girls 200 M Dash Prelims

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EAK 30 min FREEM
Wednes

Bovs 200 M Dash BREAK 30 min Girls 100 M Hurdles Finals Boys 110 M Hurdles Finals Girls 100 M Dash **Finals** Bovs 100 M Dash Finals Girls 800 M Run Finals Bovs 800 M Run Finals Girls 300 M Low Hurdles Finals Boys 300 M Int. Hurdles **Finals** Girls 200 M Dash Finals Finals Boys 200 M Dash Girls 1600 M Run Finals Boys 1600 M Run Finals Girls 400 M Relay Finals

Boys 400 M Relay

Girls 1600 M Relay

Boys 1600 M Relay

### FREEMAN JH INVITE Wednesday, April 18, 2018

Girls Shot followed by Boys Shot

Field Events

Boys Discus followed by Girls Discus Girls Long Jump Followed by Boys Long Jump Boys Triple Jump Followed by Girls Triple Jump Girls High Jump Followed by Boys High Jump 12:00 pm Running Events (Girls Followed by Boys) 3200 Meter Relay Finals 100/110 Meter Hurdles Finals 100 Meter Dash Finals 400 Meter Dash Finals 1600 Meter Run Finals 200 Meter Dash Finals

### IRISH HS INVITE

Syracuse, NE Tuesday, April 17, 2018

### ORDER OF FIELD EVENTS: TO START AT 9:30 AM

SERIES I	SERIES II
Boys Discus	Girls Discus
Girls Shot	Boys Shot
Boys High Jump	Girls High Jump
Boys Long Jump	Boys Triple Jump
Girls Triple Jump	Girls Long Jump
Girls Pole Vault	Boys Pole Vault

### ORDER OF RUNNING EVENTS: TO START AT 12:30 PM

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	3200 M Relay	Girls	Finals
	3200 M Relay	Boys	Finals
	100 M Hurdles	Girls	Prelims
	110 M Hurdles	Boys	Prelims
	100 M Dash	Girls	Prelims
	100 M Dash	Boys	Prelims
	400 M Dash	Girls	Finals
	400 M Dash	Boys	Finals
	3200 M Run	Girls	Finals
	3200 M Run	Boys	Finals
	200 M Dash	Girls	Prelims
	200 M Dash	Boys	Prelims
	BREAK		
	100 M Hurdles	Girls	Finals
	110 M Hurdles	Boys	Finals
	100 M Dash	Girls	Finals
	100 M Dash		Finals
	800 M Run	Girls	Finals
	800 M Run		Finals
	300 M Low Hurdles	Girls	Finals
	300 M Int. Hurdles	Boys	
	200 M Dash	Girls	
	200 M Dash		Finals
	1600 M Run	Girls	Finals
	1600 M Run	Boys	
	400 M Relay	Girls	Finals
	400 M Relay		Finals
	1600 M Relay	Girls	
	1600 M Relay	Boys	Finals

# DISTRICT MUSIC CONTEST @ JCC - Thursday, April 19, 2018

800 Meter Run

300 Meter Hurdles

400 Meter Relay

1600 Meter Relay

Finals

Finals

**Finals** 

TIME	EVENT	NAME	ROOM
9:15	Mixed Choir	Sterling	Elem Auditorium
10:11	Concert Band	Sterling	HS Gym
1:21	Flute Duet	Gonzalez, Walters	100
1:33	Vocal Solo	Jessie Klein	106
1:39	Vocal Solo	Diego Sterkel	Elem Auditorium
1:45	Alto Saxophone Duet	Harms, Tallant	100
1:51	Drum Quintet	Haner, Masur, Sterkel, Boldt	200
1:57	Mixed Brass Trio	Boldt, Hier, Schwenneker	101
2:03	Saxophone Trio	Stolz, Wenzl, Wingert	100
2:09	Duet	Rathe, Sterkel	Elem Auditorium
2:15	Septet	Cambron, Gonzalez, N Harms, J Harms, Klein, Smith, Walters	Elem Auditorium
2:27	Piano Solo	Nicole Harms	Elem Auditorium

Finals

Finals

Finals

Finals